



Painting Interior Ceilings

General preparation

All loose material must be removed and surface damage or imperfections made good.

The surface must be clean, dry and free of contaminants.

Areas with a build up of grime must be cleaned with sugar soap.

Remove mould or mildew with a dilute bleach treatment and rinse clean.

Surface	Prep and repair	Prime/ seal	General finish dead flat	General areas cleanable finish	Wet areas: bathrooms, laundries finish
Previously painted enamel and polyurethane	Sand thoroughly with sand paper to completely remove gloss and clean with a lint free cloth. Spot prime repairs and bare areas.	Quick Prep	Apply 2 coats of Ceiling Flat	Apply 2 coats of Ultra Matt	Apply 2 coats of ArmourGuard® Low Sheen or Satin
Previously painted acrylic	Lightly sand with sand paper to de-nib and dust with a lint free cloth. Spot prime repairs and bare areas.	Quick Prep	Apply 2 coats of Ceiling Flat	Apply 2 coats of Ultra Matt	Apply 2 coats of ArmourGuard® Low Sheen or Satin
New paper faced wall board, Gib® – dead flat finish	Seal, sand and clean with a lint free cloth.	Easy Sand	Apply 2 coats of Ceiling Flat	Apply 2 coats of Ultra Matt	Apply 2 coats of ArmourGuard® Low Sheen or Satin
New paper faced wall board, Gib® – cleanable finish	Seal, de-nib and clean with a lint free cloth.	Airless spray apply 1 coat of Ultra Matt		Airless spray apply 1 coat of Ultra Matt	

Tools and spread rates

Product	Sheen	Spread rate SqM/l per coat	Recommended roller sleeve	Recommended airless tip size
Easy Sand Acrylic Sealer Undercoat	N/A	6–10	Dacron / Draylon 12–14mm	Airless tip size 17–19 thou
ArmourGuard® Low Sheen Interior Water based Enamel	7%	12–14	Dacron / Draylon 8mm Micro Fibre 10mm	Airless tip size 11–15 thou
ArmourGuard® Satin Interior Water based Enamel	15%	12–14	Dacron / Draylon 8mm Micro Fibre 10mm	Airless tip size 11–15 thou
Ultra Matt Flat Acrylic Paint	2%	8–10	Dacron / Draylon 12–14mm	Airless tip size 17–21 thou
Ceiling Flat Dead Flat Acrylic	< 1 %	10–12	Dacron / Draylon 12–14mm	Airless tip size 17–19 thou
Brush choice	A good quality synthetic bristle brush is recommended when using Paint Plus products.			

Notes/limitations:

Airless spray applications where a very high level of finish is required – double coat with PaintPlus Easy Sand.

Ultra Matt: Spray application recommended ensuring high film build to enable self levelling properties. Final coat to be applied at opposite direction to first coat. High film builds may result in extended drying times in cold or humid conditions. Surface may appear uneven in finish during curing process.

